

## Prices & Fees

As of March 1 2026

### Psychotherapy (governed by German "Heilpraktiker"-law)

Service	Duration	Price per Session incl. VAT	Total incl. VAT
Optional initial phone consultation	10-15 minutes	free	
Initial consultation / Individual session	50 minutes	90€	
Individual session long	90 minutes	160€	
5-Session package	5x 50 minutes	85€	425€
10-Session package	10x50 minutes	80€	800€

Psychotherapy is exempt from sales tax under Section 4(14a) of the German Value-Added Tax Act (UStG).

My practice is a private practice. I do not bill public health insurance providers. The agreed-upon fee must be paid in full, even if your insurance covers only part of the costs or none at all. Please check with your insurance provider in advance.

### Psychological Counseling/Coaching

Service	Duration	Price per Session excl. VAT	Total excl. VAT
Optional initial phone consultation	10-15 minutes	free	
Initial consultation / Individual session	50 minutes	90€	
Individual session long	90 minutes	150€	
5-Session package	5x 50 minutes	85€	425€
10-Session package	10x50 minutes	80€	800€

### Cancellation Fees

Cancellations made <b>at least 48 hours before</b> the appointment	free
Cancellations made <b>up to 24 hours before</b> the appointment	50% of the session price
Cancellations made <b>within 24 hours</b> of the appointment	80% of the session price
Failure to show up without notice	100% of the session price
Cancellation by the therapist	free → Replacement date